# COENTECT

Providing Quality of Life for a Lifetime

A NEWSLETTER OF THE CODY PARKS, RECREATION & PUBLIC FACILITIES DEPARTMENT

## SPRING BREAK=WATER FUN, EGGS & KITE FLYING!

# SPRING BREAK FUN AT THE CODY REC CENTERS

MONDAY THRU THURSDAY - MARCH 30 TO APRIL 2

FREE FOR MEMBERS; DAILY FEE FOR NONMEMBERS SNACKS PROVIDED EACH DAY, PLEASE PACK A LUNCH!

IN THE POOLS - NOODLE MADNESS, SQUIRT GUNS, SNORKELING WITH SNORKS & BIG INFLATABLES!

CALL 5:7-04:00 FOR MORE DETAILS!



10 TO 11:30 A AQUÂTIC EASTER EGG HUNT 11:30 A TO 12:30 P LUNCH - CONCESSIONS 12:30 TO 2:30 P KITE FLYING - CANAL PARK Join us for the 4th annual Eggstravaganza & Aquatic Easter Egg Hunt on Friday, April 3, brought to you by the Cody Parks & Recreation Department & sponsored by the Cody Elks Club. This year we're adding a Kite Festival to celebrate National Kite Month & take advantage of the Wyoming winds. All activities on this day are FREE of charge, including admission & lunch, thanks to the generosity of the local Elks. SCHEDULE OF EVENTS:

10 to 11:30 AM - Aquatic Easter Egg Hunt, Pool Deck Games, Crafts, Prizes & More in the Pools

#### **EGG HUNT TIMES**

- 10:15 AM Hunters 4 years & younger WITH an adult in the Leisure Pool
- 10:15 AM Hunters 7 to 8 years old in the Main Pool, life jackets available if needed
- 10:30 AM Hunters 5 to 6

years old in the Leisure Pool

- 10:30 AM Hunters 9 to 11 years old in the Main Pool, life jackets available if needed.
- 11:30 AM to 12:30 PM Lunch provided by the Cody Elks Club in the Concessions Area
- Pictures with the Easter Bunny in the Rec Center hallway
- 12:30 to 2:30 PM NEW Kite Festival in Canal Park
- Kids can make, decorate & fly their own kites. We'll also make kites during Spring Break activities Monday-Thursday from 10:30 AM to 12:30 PM.
- A variety of awesome kites will be available for all ages to test their kite flying skills

ALL activities are FREE. Saturday is also a FREE DAY at the Rec Center - free admission for all! For more information, call (307)587-0400. Easter Sunday hours are Noon to 3 PM.

### FINAL FRIDAYS TODDLERS GET MESSY WITH GRO

Children's Resource Center staff has some great activities planned for your little ones each month on the final Friday from 11 to 11:30 AM for FREE! They will help toddlers make cool gooey concoctions while interacting with one another. All materials & supplies are provided. Children should wear play clothes or ones they can get dirty while having a blast! Although this class is provided free of charge, we do ask that you sign up at the front desk so we have enough supplies for everyone. Please contact the Recreation Center at 587-0400 by the MONDAY prior to class to save your tot's spot. This month's class is Friday, March 27th. Additional classes are April 24 & May 29.



# UPCOMING EVENTS AT THE PAUL STOCK AQUATIC & RECREATION CENTER

 MARCH 30 to APRIL 2: Spring Break Kite Building (School Age Youth, FREE for members)

Concessions & Gyms; Mon-Thurs, 10:30 A to 12:30 P \* SNACK provided!

• MARCH 30: Noodle Madness (All Ages, FREE for members)

Pools: 1 to 3 P

• MARCH 31: Squirt Guns (All Ages, FREE for members)

Pools; 1 to 3 P

• APRIL 1: Snorkeling with Snorks (All Ages, FREE for members)

Pools; 1 to 3 P

• APRIL 1 to 29: Cycle Challenge (16 years & older)

Spectator Room; MW/F, 6 to 7 A

• APRIL 1 to 29: Water Workout Hour (Adults)

Main Pool; MW/F, 6 to 7 A & 11 A to Noon

• APRIL 1 to 29: Fit & Fun Swim Squad (High School & older)

Main Pool; M/W/F, 6 to 8 A

• APRIL 1 to 29: Yoga Medley (16 years & older)

MP Ŕoom; Mon & Wed, 8:30 to 9:30 A

• APRIL 1 to 30: Lunchbox Variety (16 years & older)

MP Room, Gyms & Spectator Room; Mon-Fri, 12:15 to 12:45 P

• APRIL 1 to 29: Cycle Challenge (16 years & older)

Spectator Room; Mon & Wed, 5:30 to 6:30 P

• APRIL 2: Big Inflatables (All Ages, FREE for members)

Pools; 1 to 3 P

• APRIL 2 to 30: Cycle Challenge (16 years & older)

Spectator Room; Tues & Thurs, 6 to 7 A

• APRIL 2 to 30: Morning Mix (16 years & older)

MP Room; M/T/Th, 8:30 to 9:30 A

• APRIL 2 to 30: Cycle Circuit (16 years & older)

Spectator Room; Tues & Thurs, 5 to 5:45

APRIL 2 to 30: Yoga (16 years & older)

MP Room; Tues & Thurs, 5:30 to 6:30 P

 APRIL 2 to 30; Pick Up Indoor Soccer (Middle School & Older, Free for members)

Maroon Gym; Thurs, 7:45 to 9:45 P

• APRIL 3: ELKS Eggstravaganza & Kite Festival (All Ages, FREE!)

Pools, Concessions & Canal Park; 10 A to 2:30 P - see other side for more details!

• APRIL 4: FREE DAY AT THE REC CENTER!

• APRIL 4 to 25: Drop-In Body Sculpt (16 years & older)

MP Room; Saturdays, 9 to 10 A

 APRIL 5: Easter Sunday - Facility Open Noon to 3 P!

• APRIL 6 to 29: Beginner Gymnastics (K to 5th grades)

Draw Street; Mon & Wed, 5 to 6 P

 APRIL 6 to 30: Tiny Tots Kindergarten Prep (4 to 6 years old)

Tiny Tots Room; MW/Th, 8:15 to 11:15 A

• APRIL 7 to 16: Turtle Tales (2 to 5 years old)

Pools; Tues & Thurs, 8:30 to 9:30 A

 APRIL 7 to 30; Advanced Gymnastics (K to 5th grades)

Draw Street; Tues & Thurs, 4:15 to 5:15 P

 APRIL 7 to 30: Elite Gymnastics (K to 5th grades)

Draw Street; Tues & Thurs, 5:15 to 6:15 P

 APRIL 7 to MAY 1: Tiny Tots Preschool (3 to 4 years old)

Tiny Tots Room; Tues & Fri, 8:15 to 10:15 A & 10:30 A to 12:30 P

Mark your calendar for this month's events & activities for participants of all ages. For additional details, contact staff at (307) 587-0400 or visit www. cityofcody-wy.gov

 APRIL 8: Wyoming Health Fairs Blood Draw (Costs vary depending on test; Many require fasting)
 Rec Hallway, 7 to 10 A

• APRIL 8 to 29: Pre-Gym (4 to 5 yrs)
Draw Street; Wed, 4:15 to 5 P

• APRIL 9 to May 14: Home School in the Pool (School Age)

Pools; Thursdays, 1 to 3 P

 APRIL 10 to 12: Learn to Scuba Pools; Time varies

 APRIL 11: Intro to Paddleboarding (16 years & older)

Main Pool; Saturday; 8:30 to 10 A

 APRIL 14: Wilderness & Remote First Aid Info Meeting (14 years & older)
 Conference Room; 5 to 6 P

• APRIL 17: MLB Pitch, Hit & Run (7 to 14 years old, FREE!)

Glendale Park, Registration Opens 9:30 A

• APRIL 17: Cupcake Creations (3rd to 8th grades)

Birthday Party Room, 10 to 10:45 A

 APRIL 17: Water Float Day (FREE for members!)

Pools, 1 to 3 P

• APRIL 17: Open Kayaking Pools, 5 to 7:30 P

 APRIL 21: Adult & Pediatric First Aid, CPR & AED (Blended Learning Class) REGISTRATION DEADLINE APRIL 17

Conference Room, 6 to 8 P

• APRIL 21 to 30: Turtle Tales (2 to 5 years old)

Pools; Tues & Thurs, 8:30 to 9:30 A

• APRIL 22: Open Scuba

Pools, 5:30 to 7:45 P

• APRIL 24: Ooey Gooey (3 to 5 years old, FREE)

Multipurpose Room; 11 to 11:30 A

MLB PITCH, HIT & RUN

Boys & girls ages 7 to 14 years old can showcase their pitching, hitting & running skills at this fun, FREE competition. Play takes place Friday, April 17 (a No School Day!), at Glendale Park. Registration opens at 9:30 AM at the park. Bring your glove & running shoes & get ready to show your stuff. Kids get six pitches at a "Strike Zone" target, six swings at bat from an adjustable batting tee, & the chance to run the bases timed. Top finishers will be eligible to compete at state, regional & national competitions. Contact Ryan Brown at (307) 527-3488 for additional information.



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